

# Drug Abuse Briefs For Kids & Teens: Drug Addiction & Drug Prevention



## Addiction to Smokeless Tobacco Products: Drug Abuse Briefs for Kids & Teens (Drug Addiction & Drug Prevention Book 43) by J.R. Biery

★★★★★ 5 out of 5

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## What is Drug Abuse?

Drug abuse is the use of illicit drugs or the use of prescription drugs in a manner not prescribed by a doctor. Drug abuse can lead to addiction, which is a chronic, relapsing brain disease that is characterized by compulsive drug seeking and use, despite negative consequences.

## What are the Effects of Drug Abuse?

Drug abuse can have a devastating impact on a person's physical, mental, and emotional health. Some of the short-term effects of drug abuse include:

\* Impaired judgment \* Increased risk-taking behaviors \* Physical injuries \*  
Overdose

Long-term effects of drug abuse can include:

- \* Addiction
- \* Mental health problems, such as depression and anxiety
- \* Physical health problems, such as liver damage, heart disease, and stroke
- \* Death

### **What are the Risk Factors for Drug Abuse?**

There are a number of factors that can increase a person's risk of drug abuse, including:

- \* Family history of drug abuse
- \* Peer pressure
- \* Mental health problems
- \* Trauma
- \* Poverty

### **How Can Drug Abuse Be Prevented?**

There are a number of things that can be done to prevent drug abuse, including:

- \* Educating children and teens about the dangers of drug abuse
- \* Providing support for families and communities
- \* Enacting and enforcing laws that restrict access to drugs

### **What is the Treatment for Drug Abuse?**

There are a variety of treatment options available for drug abuse, including:

- \* Detoxification
- \* Counseling
- \* Medication
- \* Support groups

### **How Can I Get Help for Drug Abuse?**

If you or someone you know is struggling with drug abuse, there are a number of resources available to help. Some of these resources include:

\* The National Drug Helpline: 1-800-662-HELP (4357) \* The National Institute on Drug Abuse: <https://www.drugabuse.gov/> \* The Substance Abuse and Mental Health Services Administration: <https://www.samhsa.gov/>

Drug abuse is a serious problem that can have a devastating impact on individuals, families, and communities. However, there is hope. Drug abuse can be prevented and treated. If you or someone you know is struggling with drug abuse, please get help.



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