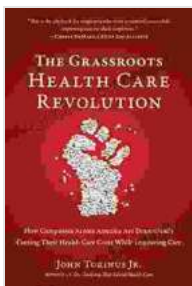


How Companies Across America Are Dramatically Cutting Their Health Care Costs

In the face of rising health care costs, companies across America are seeking innovative ways to reduce expenses without sacrificing employee well-being. Fortunately, a number of successful strategies have emerged that can help organizations make significant savings.



The Grassroots Health Care Revolution: How Companies Across America Are Dramatically Cutting Their Health Care Costs While Improving Care

by M.L. Jhingan

★★★★☆ 4 out of 5

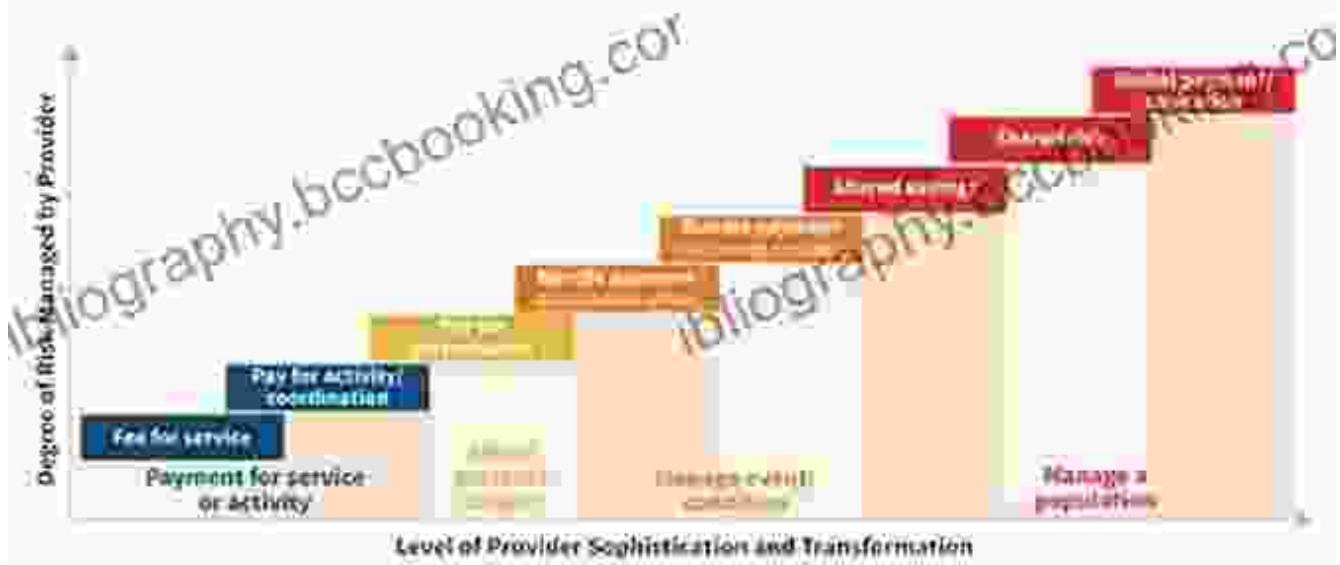
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Screen Reader : Supported
Enhanced typesetting : Enabled
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Print length : 226 pages



1. Implementing Value-Based Health Care

Value-based health care (VBHC) is a model that shifts the focus from volume of care to value of care. It incentivizes providers to deliver high-quality, cost-effective services by linking payments to patient outcomes. By adopting VBHC, companies can reduce unnecessary procedures and improve health outcomes, leading to lower overall costs.

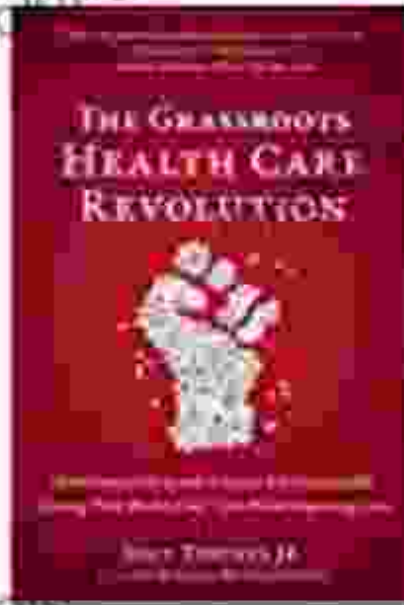
Levels of Value Based Care



2. Promoting Employee Wellness

Investing in employee wellness programs can have a significant impact on health care costs. By promoting healthy lifestyles and providing access to preventive care, companies can reduce the incidence of chronic diseases and improve overall health. This can lead to lower medical expenses and increased productivity.

**The Grassroots Health Care Revolution: How Companies Across America Are Dramatically Cutting Their Health Care Costs While Improving Care
HARDCOVER**



3. Negotiating Lower Insurance Premiums

Companies can negotiate lower insurance premiums by leveraging their purchasing power. By pooling their employees together, companies can access larger discounts and negotiate more favorable terms with insurance carriers. It's important to compare quotes from multiple insurers and negotiate the best deal.



4. Utilizing Telemedicine

Telemedicine offers a convenient and cost-effective way to provide health care services. By connecting patients with providers remotely, companies can reduce the need for in-person visits, saving time and money.

Telemedicine can also increase access to care, particularly in rural or underserved areas.



5. Offering Self-Insured Health Plans

Self-insured health plans (SIPs) allow companies to assume the risk of their employees' health care costs. This can lead to significant savings compared to traditional insurance plans. However, SIPs also require more administrative work and carry a higher level of financial risk.

Self-insured vs. Fully Insured



6. Partnering with Health Care Providers

Companies can partner with health care providers to develop innovative solutions that reduce costs and improve care. These partnerships can involve initiatives such as bundled payment arrangements, shared savings programs, and population health management. By aligning incentives, companies and providers can achieve mutually beneficial outcomes.

"This is the playbook for employers who want to control costs while improving care for their employees."

—CHERYL DEMARS, CEO OF THE ALLIANCE

THE GRASSROOTS HEALTH CARE REVOLUTION



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Cutting Their Health Care Costs While Improving Care

JOHN TORINUS JR.

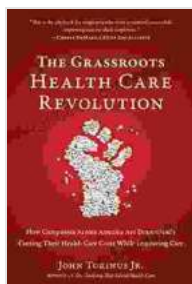
AUTHOR OF *The Company That Solved Health Care*

Companies seeking to cut their health care costs have a wide range of strategies to choose from. By implementing value-based health care, promoting employee wellness, negotiating lower premiums, utilizing telemedicine, offering self-insured plans, and partnering with providers, organizations can reduce expenses and improve the health of their

employees. The key is to find the right combination of strategies that fits the specific needs and goals of the company.

For a deeper dive into these strategies, consider reading the book "How Companies Across America Are Dramatically Cutting Their Health Care Costs." This comprehensive guide provides actionable insights and case studies that can help companies achieve significant savings and improve employee well-being.

Free Download Your Copy Today and Start Slashing Your Health Care Costs!



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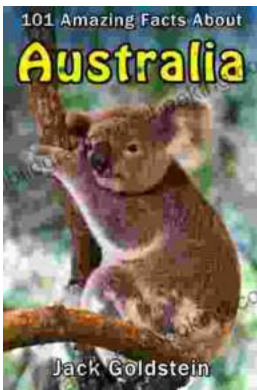
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