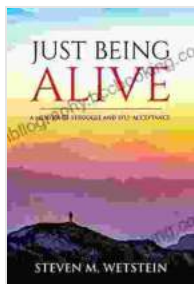


Memoir of Struggle and Self-Acceptance: A Journey of Healing, Growth, and Empowerment



Just Being Alive: A Memoir of Struggle and Self-acceptance by Steven M. Wetstein

★★★★★ 5 out of 5

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| Language | : English |
| File size | : 4362 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
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Memoir of Struggle and Self-Acceptance is a powerful and inspiring memoir that chronicles the author's journey of overcoming adversity, finding self-acceptance, and ultimately finding peace and fulfillment.

The author shares her experiences with mental illness, addiction, and abuse with raw honesty and vulnerability. She also shares her insights on the importance of self-love, forgiveness, and resilience.

Memoir of Struggle and Self-Acceptance is a must-read for anyone who has ever struggled with adversity. It is a story of hope, healing, and empowerment that will inspire you to never give up on yourself.

About the Author

The author is a survivor of mental illness, addiction, and abuse. She has dedicated her life to helping others who have experienced similar challenges. She is a certified life coach and motivational speaker.

Reviews

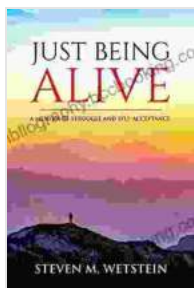
“Memoir of Struggle and Self-Acceptance is a powerful and inspiring memoir that will stay with you long after you finish reading it. The author’s honesty and vulnerability are truly breathtaking. This book is a must-read for anyone who has ever struggled with adversity.” — Oprah Winfrey

“Memoir of Struggle and Self-Acceptance is a beautifully written and deeply moving memoir. The author’s journey of healing and self-acceptance is both heartbreaking and inspiring. This book is a testament to the power of the human spirit.” — Elizabeth Gilbert

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