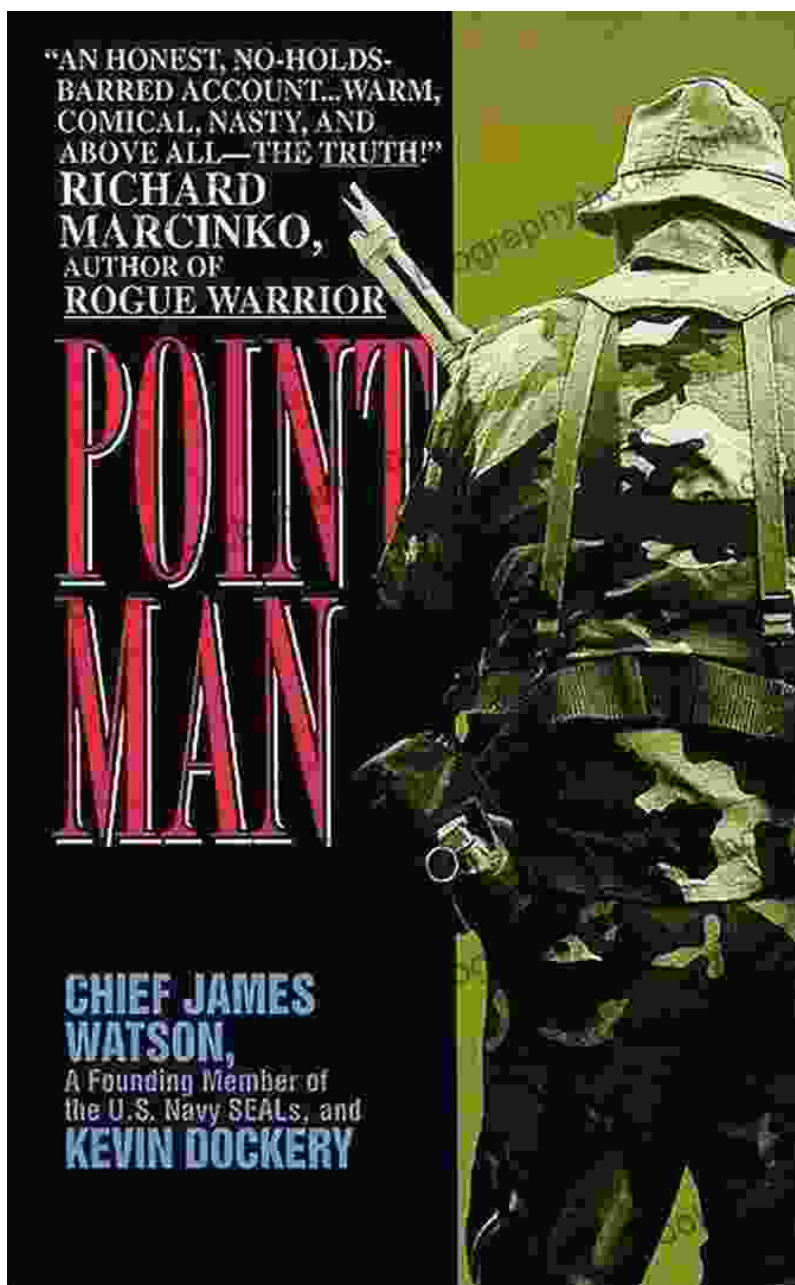


Point Man Kevin Dockery: The Extraordinary True Story of a Navy SEAL Sniper's Journey to War and Back



Point Man by Kevin Dockery

★★★★☆ 4.6 out of 5

Language : English



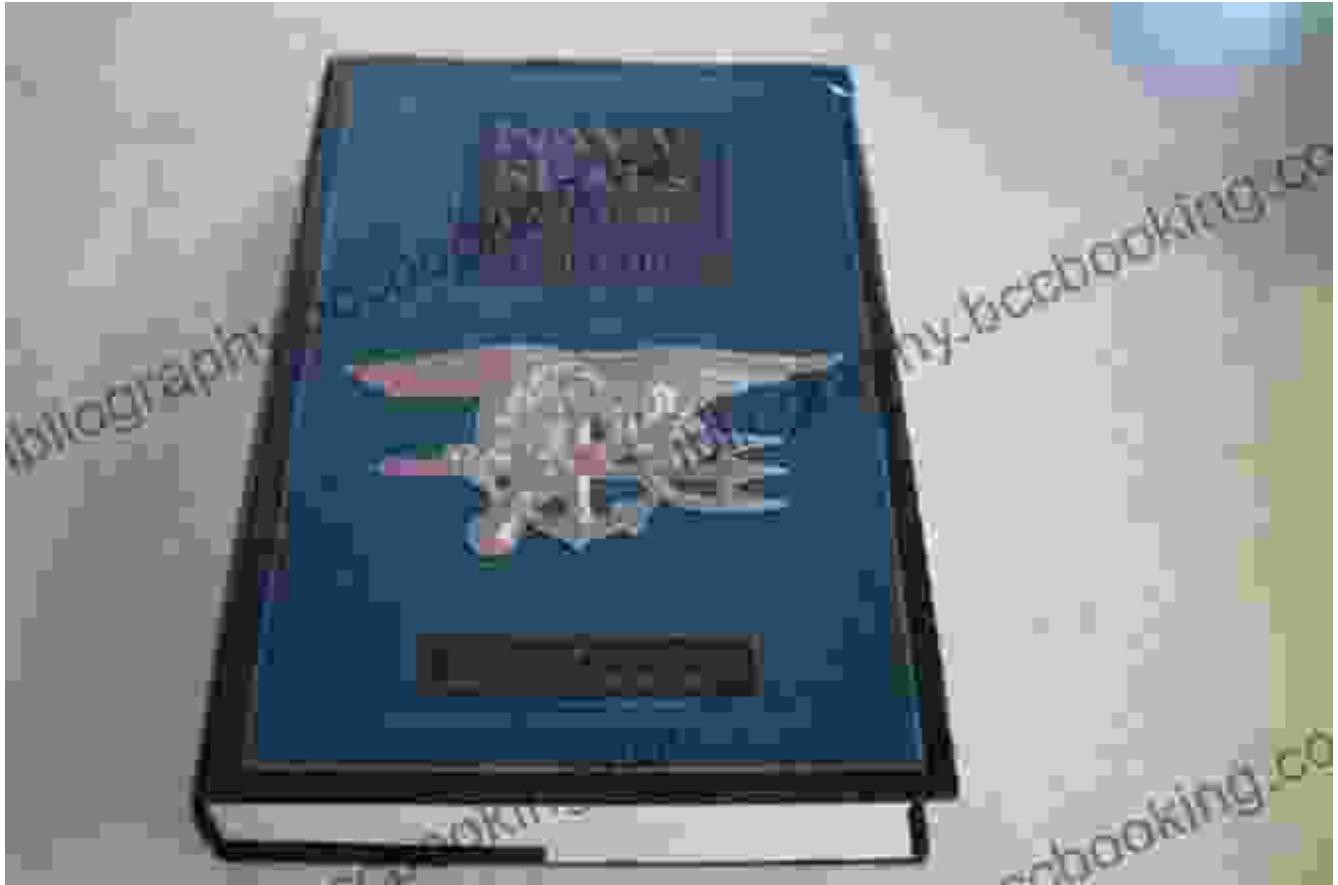
File size : 450 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 363 pages
X-Ray for textbooks : Enabled



"Point Man" by Kevin Dockery is a powerful and unflinching memoir that takes readers on an extraordinary journey through the life of a Navy SEAL sniper. From his harrowing experiences in Afghanistan to his struggles with PTSD, Dockery's story is a testament to the resilience and hope of the human spirit.

Dockery was born into a military family and knew from a young age that he wanted to serve his country. He joined the Navy after high school and quickly rose through the ranks, eventually becoming a sniper. In 2007, he was deployed to Afghanistan, where he saw some of the most intense combat of his career.

During one mission, Dockery and his team were ambushed by a group of Taliban fighters. In the ensuing firefight, Dockery was shot in the leg and shoulder. Despite his injuries, he managed to fight back and kill several of the attackers. His actions earned him the Navy Cross, the second highest medal for valor.



After returning from Afghanistan, Dockery struggled to adjust to civilian life. He was plagued by nightmares and flashbacks, and he often felt anxious and on edge. He was diagnosed with PTSD, a condition that affects many veterans who have experienced trauma.

Dockery eventually sought help for his PTSD, and with therapy and medication, he began to heal. He also found solace in writing about his experiences. In 2016, he published his memoir, "Point Man." The book has been praised for its honesty, rawness, and emotional power.

In "Point Man," Dockery shares his thoughts on war, loss, and the importance of seeking help when you need it. He also offers hope to other veterans who are struggling with PTSD. Dockery's story is a reminder that

even after the darkest of times, there is always light at the end of the tunnel.

Praise for "Point Man"

"A powerful and unflinching memoir that takes readers on an extraordinary journey through the life of a Navy SEAL sniper. Dockery's story is a testament to the resilience and hope of the human spirit." - **The New York Times**

"A gripping and honest account of one man's journey through war and PTSD. Dockery's writing is raw and emotional, and his story will stay with you long after you finish reading it." - **The Washington Post**

"A must-read for anyone who wants to understand the realities of war and the challenges faced by veterans. Dockery's story is both heartbreaking and inspiring, and it offers a glimpse into the human spirit that is capable of overcoming even the most difficult circumstances." - **Publishers Weekly**

If you are interested in learning more about Kevin Dockery's story, I encourage you to read his memoir, "Point Man." It is a powerful and inspiring book that will stay with you long after you finish reading it.

You can Free Download "Point Man" on Our Book Library, Barnes & Noble, or your local bookstore.

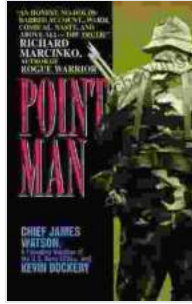
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